ANNUAL REPORT

FISCAL YEAR
2025-26

KINMOUNT DISTRICT HEALTH SERVICES FOUNDATION

Kinmount District Health Services Foundation
Annual Report
Fiscal Year 2025-26

2025-26 Chair's Message



The 2025/2026 year has been busy for the Board with a lot of ups and downs. Unfortunately, we lost Dr. Van Der Leden, but that is the way things go sometimes. There were also a lot of wonderful accomplishments too, all thanks to the hardwork and dedication of the members of the Board. Words cannot express the appreciation to my fellow board members who constantly go above and beyond to ensure the smooth operation of the Kinmount District Health Centre. My hat is off to every one of them. As I step down from my position as Chair, I know the Board is in good hands and together they will continue to make great things happen.

Lois Jackson

What is the KDHSF?

The Kinmount District Health Services Foundation (KDHSF):

- is an incorporated not-for-profit organization governed in accordance with the Ontario Not-for-profit Corporations Act (ONCA)
- is made up of volunteers from the community, representing the three municipalities which the KDHC serves
- meets monthly as a whole, and most directors serve on one or more committees, which meet as needed
- seven standing committees in 2025-26 were: Activities, Retention and Outreach; Building and Property Maintenance; Communications; Fundraising; Liaison (with Trent Lakes); Nominations and Welcoming; and, Physician Recruitment
- is responsible for all fundraising in support of the Kinmount and District Health Centre (KDHC)
- held two annual fundraisers: The Journey for Health, on the 2nd Sunday in August in Austin Sawmill Heritage Park and a mail campaign is held every winter
- organizes volunteers who work year round on recruitment and retention of healthcare professionals, maintenance

Our Mission:

A trusted charity advocating for health care services in the community we serve

Strategic Goals

Goal #1: Recruit and Retain Sufficient Staff at Kinmount and District Health Centre

Goal #2: Increase Awareness and Visibility of the Foundation

Goal #3: Build Capacity Within the Foundation to Ensure Sustainability and Effectiveness

Goal #4: Establish Sufficient Revenue Sources to Support the Needs of the KDHC and the Health of the Surrounding Community

Goal #5: Promote Support Services to Meet the Health and Wellness Needs in the Community

Report Highlights from 2025-26

Activities, Retention and Outreach Committee (ARO)

Members: Jenna Brown, Yvette Brauer, Sue Butts **Lead**: Susan Forrester

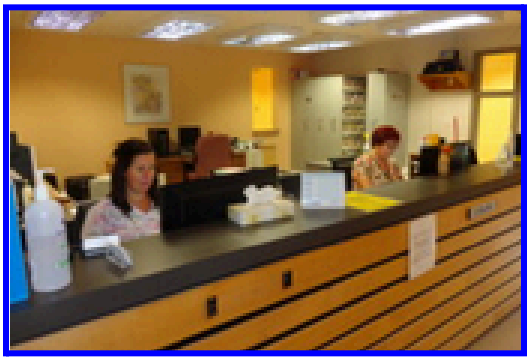
- We were pleased to have four healthcare service providers with information tables at the 2025 Journey for Health: Womens Resources, CMHA out of Peterborough, the Dharma Centre and the KLH-OHT; Invitations have been extended to more for the 2026 event in September and we already have twice as many confirmed attendance.
- The October Music Night Community Social Event featuring Keith Kirkpatrick was a great success with a full house and positive feedback from attendees.
- Tokens of appreciation were purchased for health centre staff throughout the year to remind them how grateful the KDHSF and patients are to have them in our community.
- The monthly Healthy Lunch and Learn program was well-attended. The KDHSF is grateful to presenters and the Legion for the use of their facility, and to Kawartha Financial for their generous support. Feedback from attendees has been very positive.



Building and Property Maintenance Committee

Members: Yvette Brauer, Todd Munns **Lead:** Lee Ann Hobson

- Continued assistance with maintenance and upgrades to the KDHC building and grounds.
- Ceiling light fixtures were upgraded where possible and incandescent bulbs were replaced with LEDs. All building fluorescent lights had their ballasts replaced to allow the use of LED bulbs. This work will continue in 2026 with the replacement of the outside security light bulbs with LEDs.
- Outdoor timers were installed to regulate the use of hydro by the electric roof cables.
- Purchase of a portable ultrasound and tablet provided a new diagnostic tool for the KDHC.
- A new vaccine refrigerator was purchased in November. This full size unit was very much needed and appreciated by the staff.
- Provision of janitorial (supplementary) and pest control services for the KDHC.
- Maintenance of the front gardens and hedge.



We would like to thank the Municipality of Trent Lakes for their continuing support, which includes the very generous provision of the facility as well as ongoing snow removal, salting and sanding, lawn mowing services, monitoring of the UV water purification system, and regular maintenance of the HVAC system.

Communications Committee

Members: Sue Butts, Susan Forrester, Alan Howard, Jim Scott **Lead:** Sue Butts

- Regular contributions to the Kinmount Gazette
- Promoting Healthy Lunch and Learns
- New sandwich boards for Journey for Health and Christmas Appeal
- 6’ banner for Journey for Health
- New contact at the Municipality of Trent Lakes (Economic Development and Communications officer)
- Press releases were sent to various media outlets to announce the arrival of Dr. Van Der Leden.
- Two articles were published in Haliburton Highlander featuring the Journey for Health and the arrival of Dr. Van Der Leden.
- The kdhc.ca website was regularly updated.
- Annual Report format was revised.
- Thanks to real estate agent Randi Metherall, who promoted our events in her monthly Community Activities flyer, CanoeFm, MooseFM, the Highlander and Minden Times for helping get the word out about KDHSF and KDHC news and events.

Fundraising Committee

Members: Jenna Brown, Susan Burgess, Sue Strong **Lead**: Kim Restivo Galea

- Journey for Health:
  The 27th annual event was a success (despite lower attendance due to the extreme temperature and nearby wildfires), raising more than last year with total funds reaching just under $17,000.
  About 70 participants enjoyed the many activities including the trail walk, Lions' pancake breakfast, balloon art, face painting, Friends of the Library Book Sale, as well as local health and wellness info tables.
  Kawartha Fire & Rescue was missed while they fought the wildfires.
  Great show of support once again from the community and local and surrounding businesses.
- Christmas Appeal:
  Total donations exceeded past years, raising $13,815.
  Generous support received from Kinmount and surrounding communities.
- FlipGive (Fundraising App) raised $163 this year.



Liaison Committee

Members: Susan Burgess, Susan Forrester, Lee Ann Hobson Lead: Lois Jackson

- The Committee has completed their mandate with the successful negotiation of a new lease agreement with the Municipality of Trent Lakes.
- The new lease agreement is a far more comprehensive agreement than the previous one, but it states clearly who is responsible for what.
- The new term is for 10 years, with an expiry of September 30, 2035 and an automatic extension for a further 5 years.

Nominations and Welcoming Committee

Members: Yvette Brauer**,** Susan Burgess, Kim Restivo Galea **Lead**: Susan Forrester

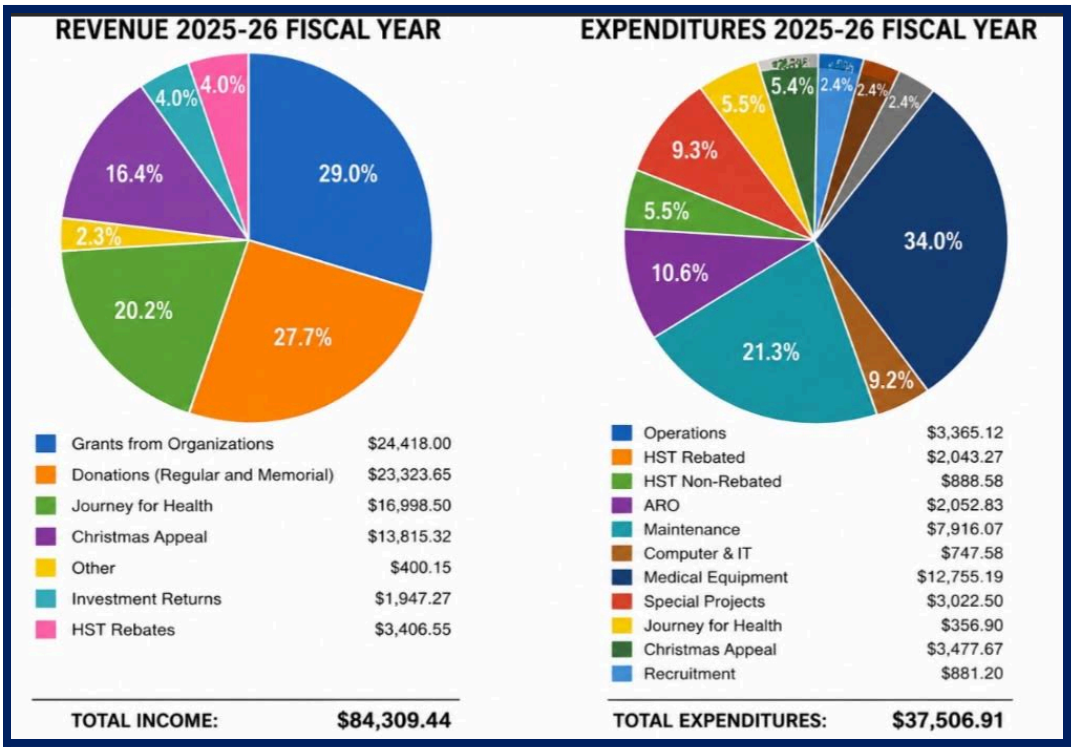
- Yvette Brauer, Lee Ann Hobson, Jim Scott and Lois Jackson retired from the Board at the end of March. Their contributions to the KDHSF will be greatly missed and we thank them for their dedication and service to the community.
- We were delighted to welcome Jenna Brown, Marina Hodson and Holly Lougheed to the board. All three are hard-working, valuable directors who have made significant contributions even before their terms officially begin at the AGM.
- Committee leads expressed that they have enough members to carry out their responsibilities.

Recruitment Committee

Members: Jenna Brown, Susan Burgess, Sue Butts, Chris Weerdenburg **Lead**: Alan Howard

- After the positive and encouraging recruitment efforts for KDHC of last year, the current year was definitely disappointing. The departure of Dr. Van Der Leden has been unfortunate and resulted in significant challenges for all.
- We hope to find a suitable replacement in the near future.

Financial Report



Looking Ahead: 2026-27

The Kinmount and District Health Services Foundation (KDHSF) will:

- focus on staff retention by ensuring our healthcare team has the support, resources, and equipment they need to continue providing excellent care.
- support recruitment of a third physician.
- work with a variety of community outreach services to bring health and wellness presentations to Kinmount.

2026-27 Chair's Message

I look forward to working with the KDHSF in the upcoming year. This group has worked tirelessly to make the foundation a success. There have been some upsets, specifically regarding the departure of Dr. Van Der Leden, but we will continue to support the centre in getting a new doctor in the future. We look forward to continuing to support our great community.

Chris Weerdenburg

Contact the KDHSF

Your input is essential in guiding the future initiatives of the Foundation. We welcome your suggestions on health-related services, educational workshops, or support programs that would benefit the community. There are several ways to reach out to us:

- Email: **kdhsf@kdhc.ca**
- Mailing Address: Box 225, Kinmount, ON K0M 2A0
- Visit our website: www.kdhc.ca
- Follow us on Facebook
- Send a message through Messenger

